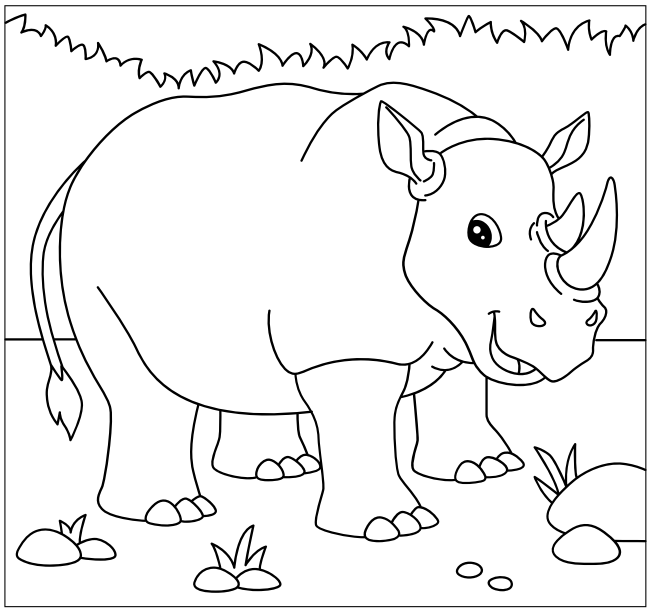
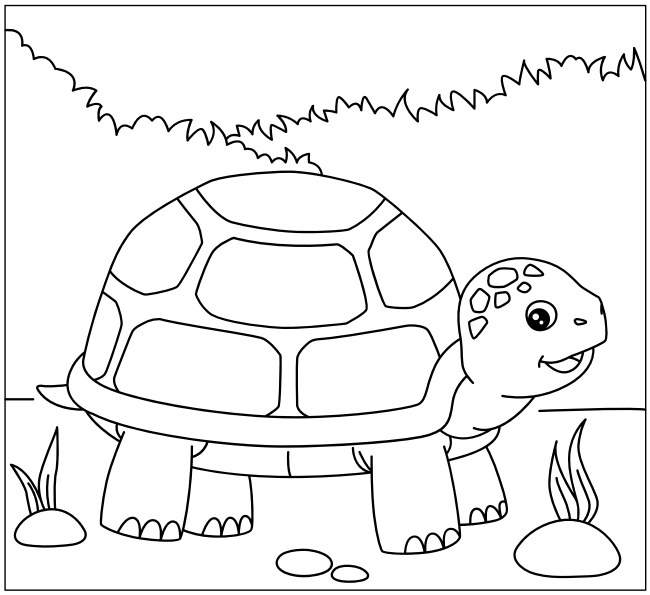
Animals can teach us to protect our skin!



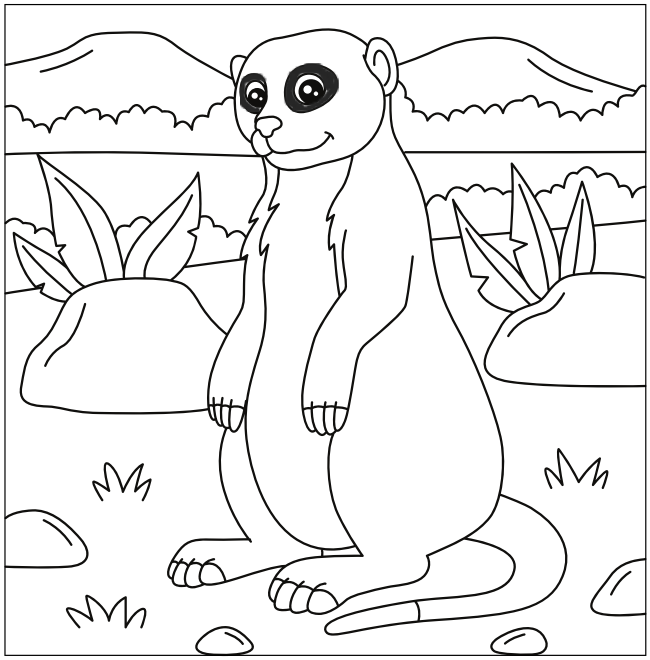
The rhinoceros rolls in mud to protect its skin from the hot sun.

What can we put on our skin to protect it?



The turtle carries its own shade wherever it goes!

What can we use to bring shade along with us?



The dark circles around the meerkat's eyes protect them from the sun's harmful rays.

How can we protect our eyes?

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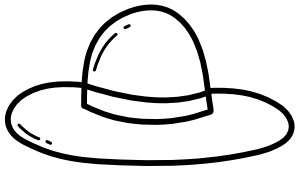
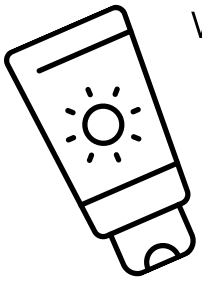
SUN SAFETY

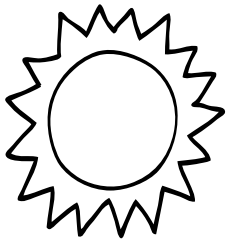
Explain why a broad-brimmed hat is better than a cap:



Where and how often should you apply sunscreen?



What is the safest time of day to be outdoors?



What are some consequences of not being sun safe?

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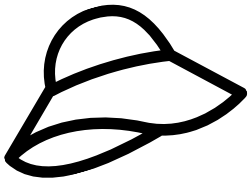
SUN PROTECTION

WORD SEARCH

L	U	M	B	R	E	L	L	A	T	B
O	I	A	E	R	T	A	E	W	S	P
N	S	U	N	S	C	R	E	E	N	R
G	R	E	A	P	P	L	Y	V	P	O
S	R	T	A	R	M	I	W	S	W	T
L	E	A	H	A	W	A	T	E	R	E
E	S	H	A	D	E	A	P	T	C	C
E	A	S	N	N	M	L	O	O	P	T
V	O	H	U	S	A	N	D	A	E	A
E	N	E	S	R	C	O	V	E	R	E
S	U	N	G	L	A	S	S	E	S	H

SHADE
SAND
SUNSCREEN
SWEAT
SUN
COVER
SUNGLASSES
POOL
HAT
SWIM
LONGSLEEVES
HEAT
WATER
REAPPLY
UMBRELLA
PROTECT

Don't forget to reapply sunscreen after you swim!



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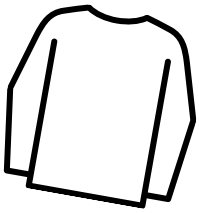
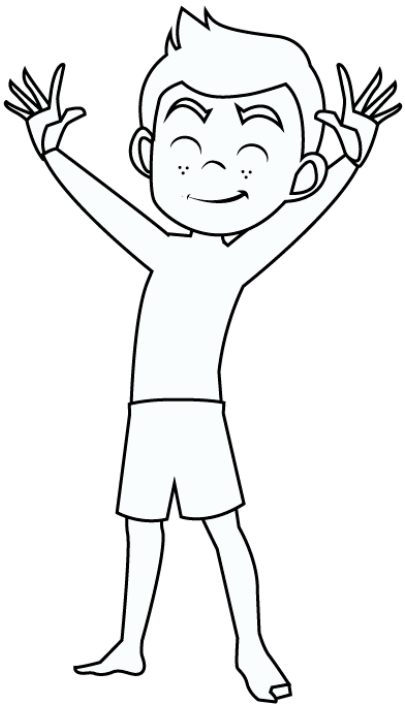
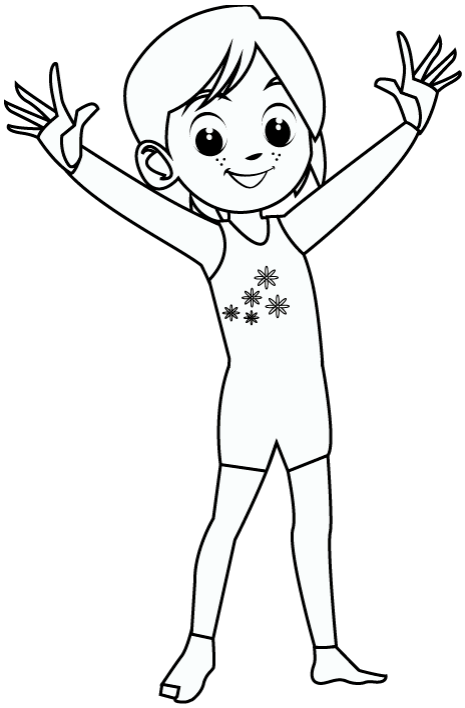
PRACTICE SAFE SKIN



Draw and label what the children should wear to keep sun safe:





Draw and label examples of shelter that can protect you from the sun:

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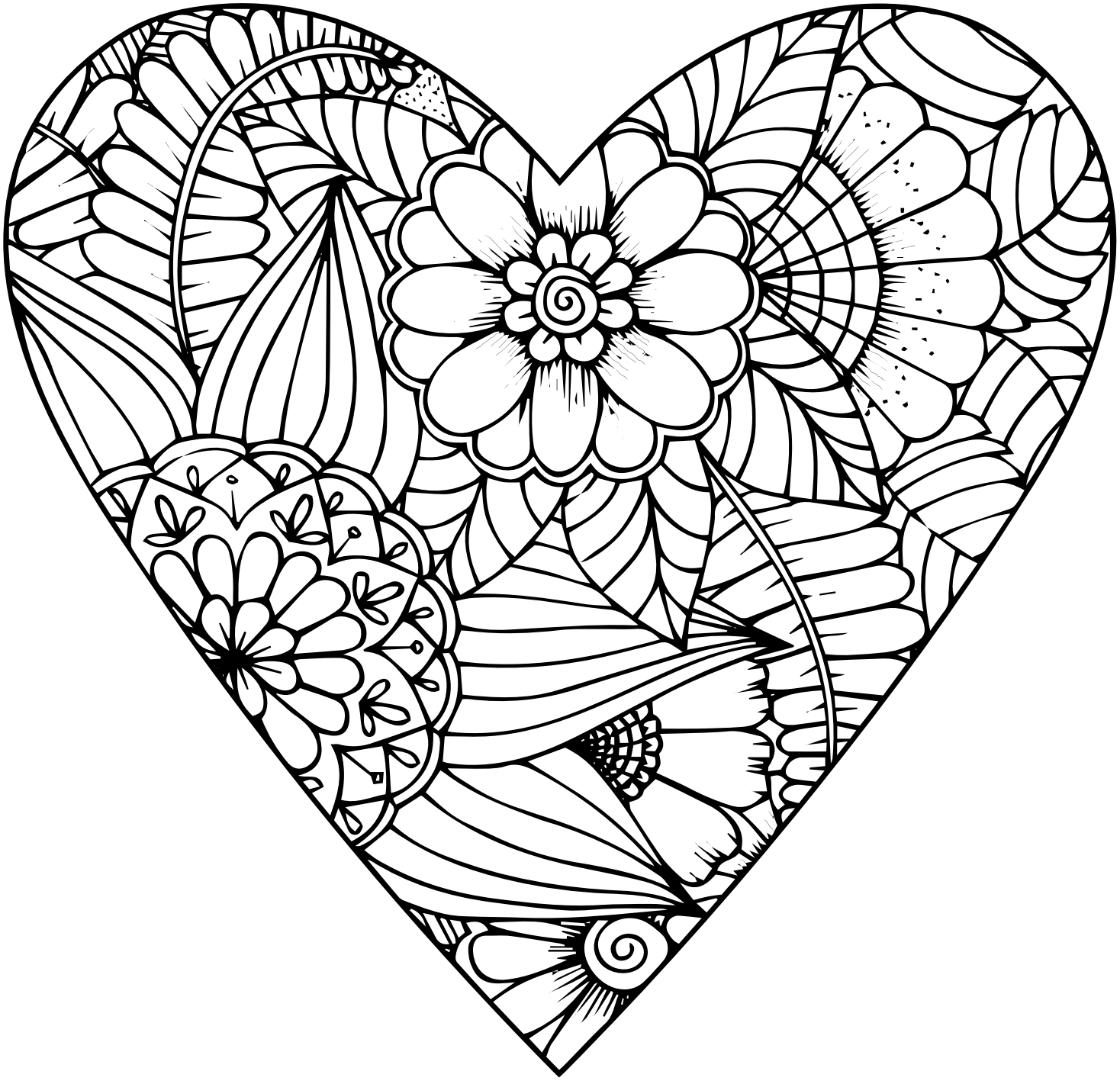
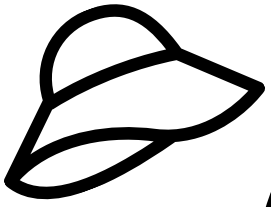
Love the Skin You're In





LETTER TO MY *future self*

Dear Me,

I am protecting my skin now so that I have a better chance of avoiding skin cancer later on. I promise to wear sunscreen,

Signed:

Date:

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